

First-Generation Low-Income at Yale



October 17th, 2018

Vol. 1, Issue 7



Happy October Break!

Happy October Break friends! Kick back, take a bike ride around, get on Netflix, go shopping, pick up a book you've been meaning to read, check in with family and friends back home. Whatever it might be, *el chiste es relajarse* (the point is to relax) and to give yourself the time you need to breathe - like breathe **deeply**. Y'all are so wonderful, and it is our hope that you can all reward yourself this week with some nice, well-deserved rest.

To encourage this, we're sending a shortened version of this with FGLI events happening around campus for those of y'all staying around, and a couple videos to check out in your free time. Otherwise, we'll be seeing your lovely faces soon enough! Take care!

- the FGLI Community Initiative Team



Events over Break

Tomorrow, Oct. 18th: Academic Strategies Fall Break Open House - with pizza! - 1pm - 3pm at the CTL (301 York St.), 2nd floor



Academic Strategies Fall Break Open House - with pizza!

**Thursday, October 18
1-3 pm
Writing Center
Yale Center for Teaching and Learning**

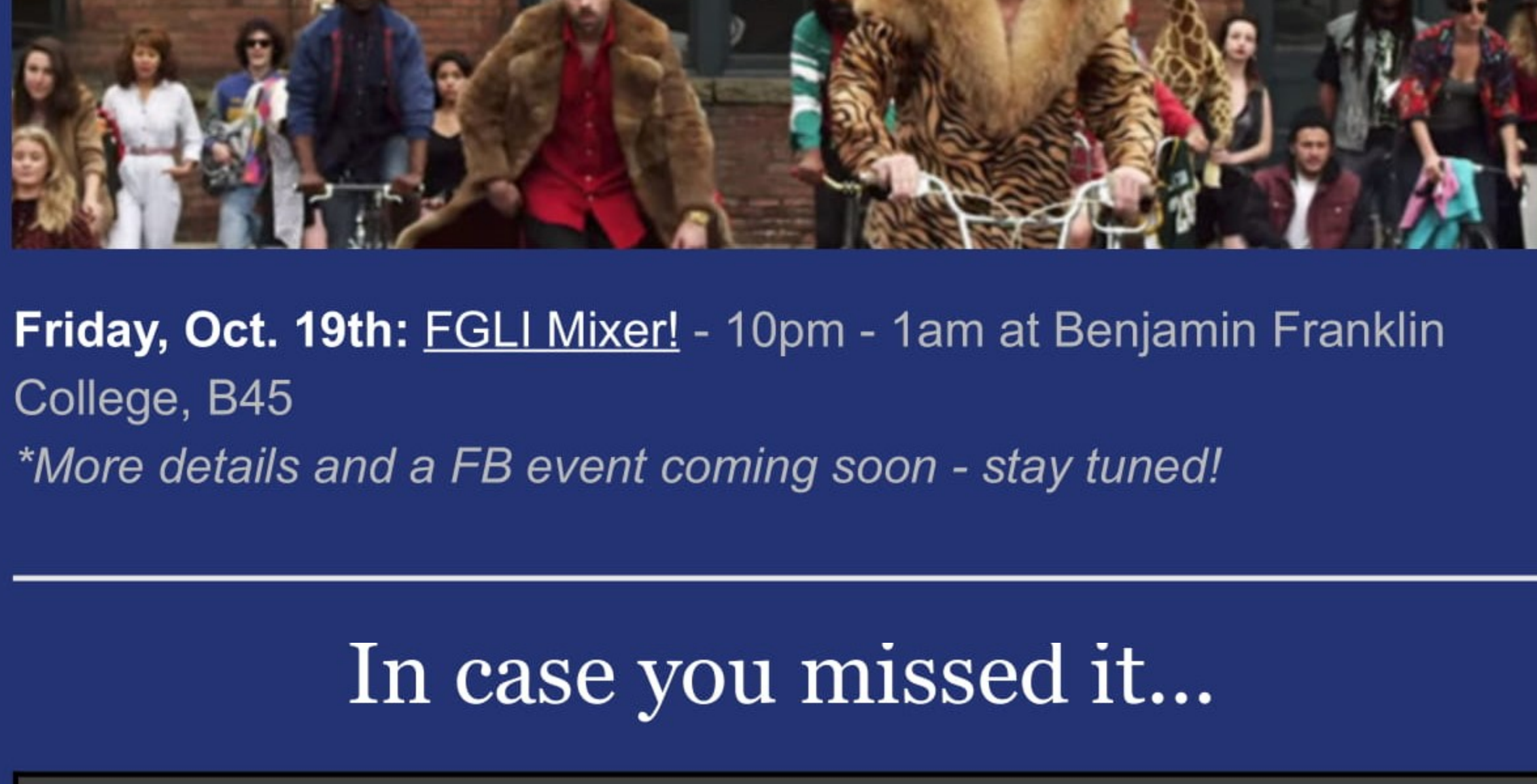
Join us for pizza and conversation with Academic Strategies Director Dr. Karin Gosselink and our Academic Strategies Peer Mentors:

- Suggestions for organizing your time
- New, efficient ways to approach your academic work
- Detailed information about our academic support services
- Individual advice for the second half of the semester

The Writing Center is at the top of the stairs near 301 York St. entrance to Sterling Memorial Library (elevator access near entrance to CTL Room 117).

Tomorrow, Oct. 18th: FGLI Thrift Store Trip - departure to Savers (in Orange, CT) at 2pm and scheduled return by 5:30pm [link to form](#)

**We are almost at capacity for transportation, so respond ASAP! Details about departure will be emailed tonight.*



Friday, Oct. 19th: FGLI Mixer! - 10pm - 1am at Benjamin Franklin College, B45

**More details and a FB event coming soon - stay tuned!*

In case you missed it...

And now, a special message from an FGLI faculty -

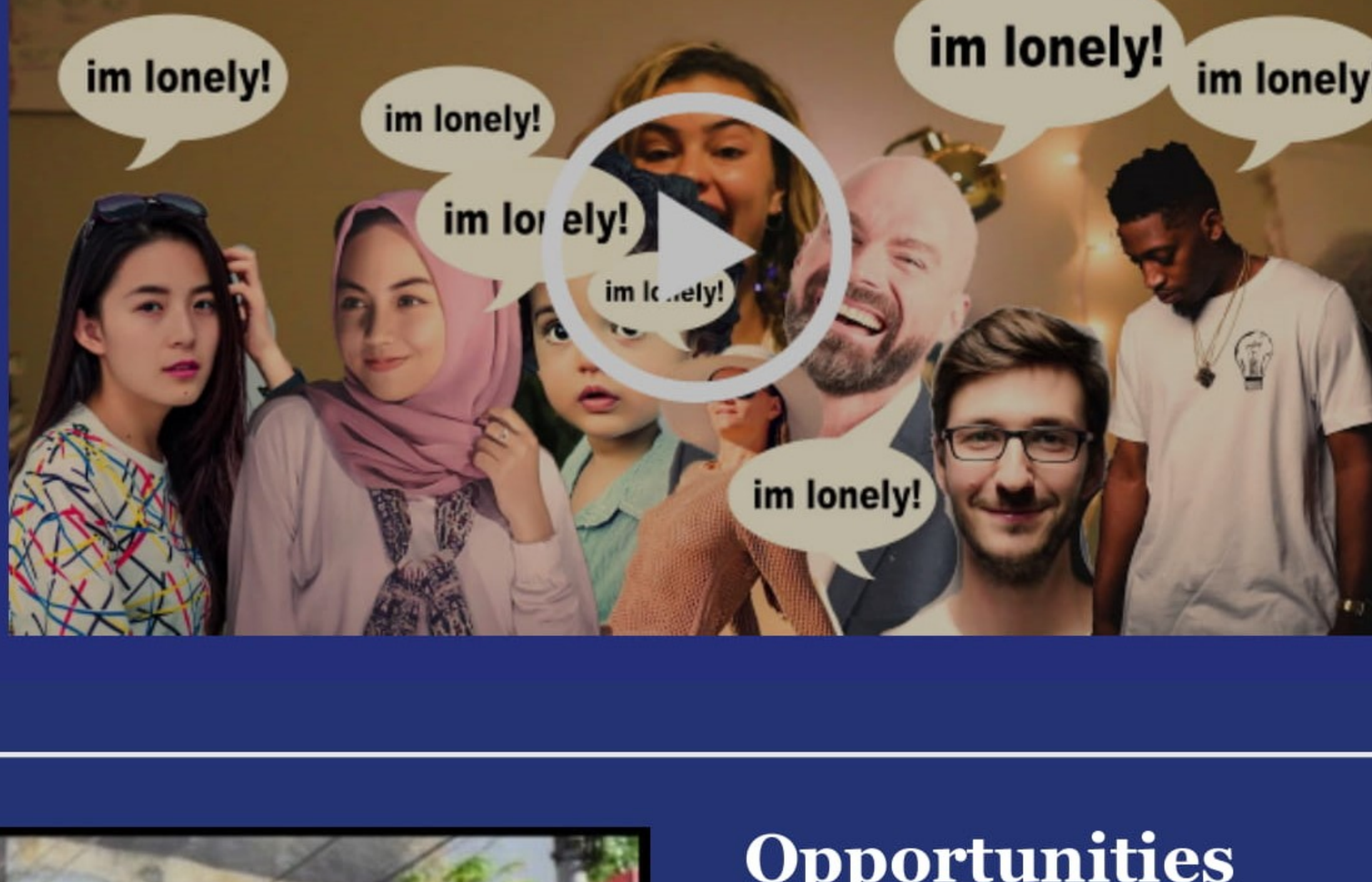
Dr. Dena Simmons!

From her beginnings in a single-(immigrant) mother household from the Bronx to the Yale Center for Emotional Intelligence, Dr. Simmons has traveled across the globe and earned a number of fellowships and awards - and we are thankful that she was willing to share some words of wisdom for our community during this midterm season! Take a couple minutes to learn about where she comes from, what she has done since, what she does now, and what she wants you to remember when classes have you feeling a type of way.

From the FGLI Community, **thank you Dr. Simmons for all that you do!**



A video about navigating the social scene as a first-year student, and some of the challenges that can come with it:



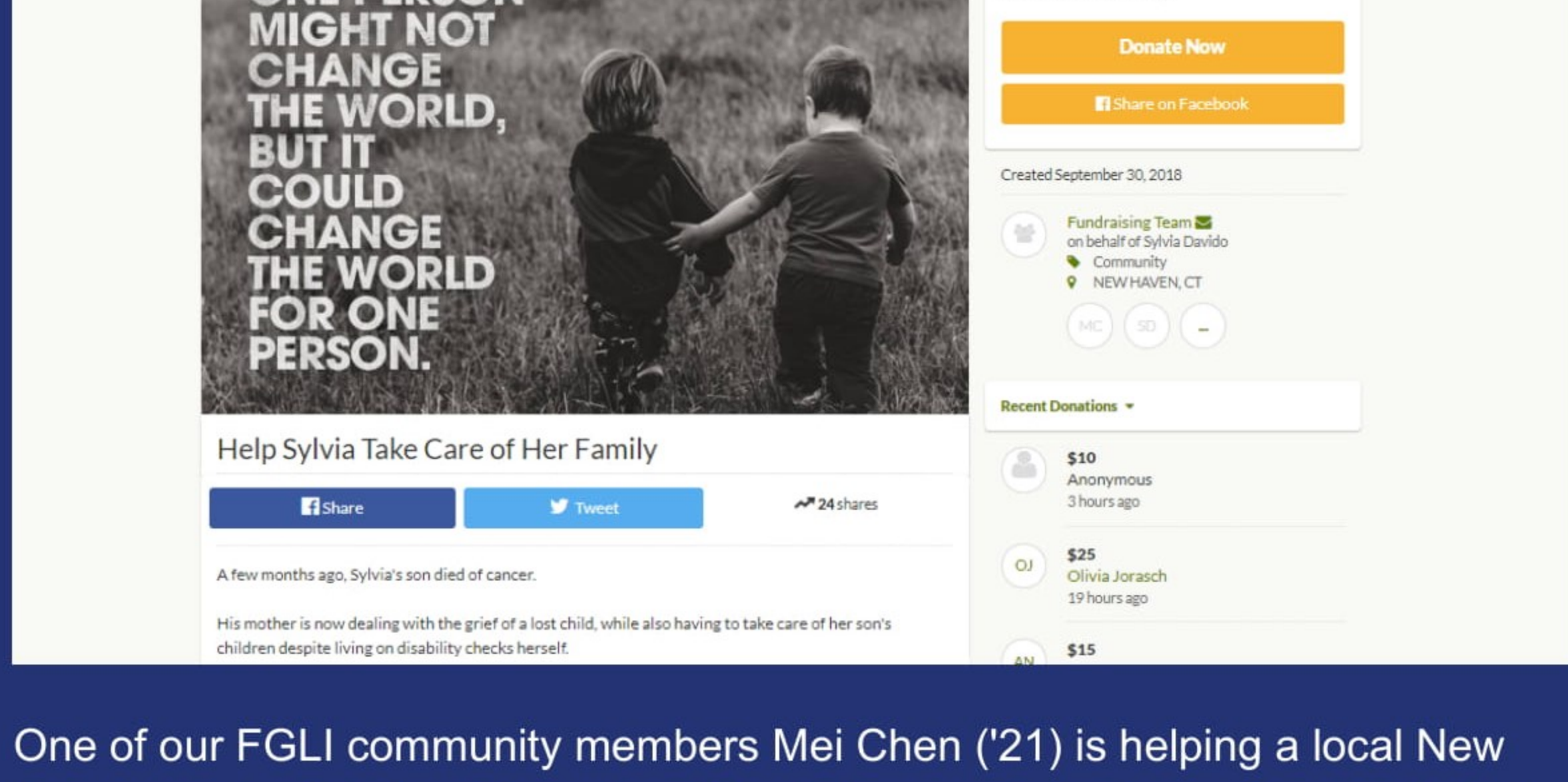
Opportunities

Interested in helping low-income, high-achieving high school students get into the nation's best colleges? Interested in educational justice and college access? If so, **apply to be an Advising Fellow with Matriculate!** Fill out an [interest form](#) to receive further details about how to apply. Reach out to e.richards@yale.edu with questions. Learn more about Matriculate [here](#).



One of our own FGLI alums in New Haven is seeking students interested in part-time counselor work! Abdul-Razak Zachariah (TD '17) is the Senior Counselor Recruitment Coordinator at LEAP in New Haven, and they are currently in need of local and graduate school students part-time as Senior Counselors for our after-school program.

LEAP is also hiring lifeguards and swim instructors for their Aquatics program. Interested students should visit their website (<https://www.leapforkids.org/counselor-applications>) or contact jose.lopez@yale.edu to get connected with Abdul directly.



One of our FGLI community members Mei Chen ('21) is helping a local New Haven resident, Sylvia, through a difficult time - and she's reaching out to the rest of us to help. sylvia lost her son to cancer a few months ago, and she is now dealing with the grief of a lost child while also having to take care of her son's children despite living on disability checks herself. The family is not enough money to ensure that Sylvia can take care of her family, and hopefully get her started on creating a new life for her and her grandchildren. Clothes, food, and shelter are essential, but unfortunately, not everyone can count on having them. Please consider donating whatever you can to help Sylvia and her family. Every little bit helps. Donate to the GoFundMe campaign [HERE](#).



La Casa, the Center for Latin American and Iberian Studies, and Tsai CITY have partnered to launch the Critical Innovation Fund: five \$1,500 awards for teams with the strongest proposals for innovative approaches to pressing immigration challenges in America.

Teams can apply with any idea — an event, a movement, an educational campaign, a technological innovation, a storytelling project, a work of art — that addresses current immigration challenges. We welcome interdisciplinary teams from across Yale and New Haven; teams must include at least one current Yale student. Preference will be given to teams who have lived experience with the challenge they choose to address, and teams who are applying on local and New Haven-based issues. [Ready to submit your idea? Apply here by 11:59pm on November 15.](#) Read about the details on the fund [in this YDN article](#).

"Dominant culture has tried to keep us all afraid, to make us choose safety instead of risk, sameness instead of diversity. Moving through that fear, finding out what connect us, reveling in our differences; this is the process that brings us closer, that gives us a world of shared values, of meaningful community."

- bell hooks



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