October 22nd, 2018 Vol. 3, Issue 8

Resilience and Independence

As everyone! We hope you had a fun, relaxing break and are excited as we are to be the ground running again. If you were anywhere, we hope you had the chance to come to our Thrift Store on Thursday. (Read more about it in the FGLI blog.) It was a great success and we are looking forward to doing it again! Did you get to sample with good company? If you weren't on campus or weren't able to make it – no worries! We'll continue to provide you with resources that help you succeed, and if you have any comments or suggestions, let us know!

While our last Community Time might feel like ages ago, we want to share with you the takeaways from a productive conversation. As FGLI students now inhabiting a space that was not originally made for us, challenging the status quo is the work we take personally - if not for our benefit, for those who will come after us. And, to that end, resilience and independence – two of the most commonly cited and tension between nowhere in our community, it is important to recognize the importance of applying these skills in connection with understanding and mental support.

As we get ready to hit the ground running, we hope to see you at our next Community Time this Saturday at 2pm (note the time change!) where we'll transition to talking about resilience as we prepare for Thanksgiving. We'll also be thinking of being alone on the journey and almost to college, and what it means to ask for help. Whether you're a first-year and have questions, or we hope you join us at the Center for Teaching and Learning this weekend!

Student Ambassador Office Hours

Do you need help picking a club to join, homework help, or just want to spill tea? Our student ambassadors will be holding office hours throughout the week at various locations around campus - prepared with snacks and drinks.

Visit/Contact Us!

Maddy O'Neal - Sundays from 3-4PM @ Sibley Buttery
madison.oneal@yale.edu
Samantha Wood - Tuesdays from 7:30-8:30PM @ Blue State w/ York
samantha.wood@yale.edu
Javier Francis - Wednesdays from 7-9PM @ Rosa L-300
javier.francis@yale.edu
Markus Reneau - Thursdays from 1-3PM @ Rosa Cafe
markus.reneau@yale.edu
Henry Rosas - Thursdays from 6:30-8:30PM @ Book Trader
henry.rosas@yale.edu
Diana Lopez - Fridays from 9-10AM @ Jodi's Coffee
diana.lopez@yale.edu
Fatima Chughtai - Tuesdays from 9PM-11PM @ Dohut Crazy
fatima.chughtai@yale.edu

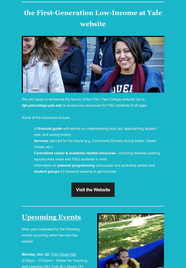
Do you have a financial emergency, or does the weather have you saying, "It's too..." it's low?

SafetyNet is a new fund for you all to request funds to meet unexpected financial need. Problems in the emergency and this inquiry should have funding within a business day. Please see the form to work with Kay. Funds granted through SafetyNet shall cover unexpected expenses like transportation, medical expenses, travel for funerals, emergency accommodations, and other expenses, etc.

In addition, you can request Yizkor Clothing Grants if you are from an area that typically does not get heavy snow or low temperatures. Winter clothes can be expensive. Apply for the grant, and if approved, cover one set of coat, sweatpants to get more guidance on what to buy to stay warm!

Thanks for sharing an event Adelaide Cromwell. We're grateful for your honest and kind work - you're a champ and an inspiration!

Student Shoutout!



In our first shoutout post (all break, we'd like to introduce you all to the same queen, Adelaide Beal (Miller '21).

Adelaide comes from the Rocky Boy's Indian Reservation in Montana and is a double major in English and Ethnicity, Race, and Migration. She is also a member of the Yale Precision Drill Team, a connection with non-binarized (white, Millennials), she is involved with the Association of Native Americans at Yale, Board Vice Pres., and the Yale Environmental Preservation Initiative!

Adelaide shared her FGLI experience with us, "The definitely had my share of hardships while being FGLI at a place like Yale. I had a tough time transitioning from my rural, on-person school to a place where the majority of people I met could afford, like, $400 daily daycation-activities for most of my first year. Yet, my identity as a FGLI student has helped me to meet some incredibly supportive people at Yale and in Cromwell's from the thousands that I spent here, know about all of the resources that Yale provides, so have my self-worth. Being FGLI student should have been also rewarding at Yale, but I am rewarding Yale for my grant, through so many hardships to get here and hormone levels."

Thanks for sharing an event Adelaide Cromwell. We're grateful for your honest and kind work - you're a champ and an inspiration!

Visit the Student Blog

the First-Generation Low-Income at Yale website

We are happy to announce the launch of the FGLI Yale College website! Go to fgli.yalecollege.yale.edu to access key resources for the community.

Some of the resources include:

- **A financial guide** with advice on understanding your aid, approaching student jobs, and saving money.
- **A guide** to succeed in the future (e.g. Community Drivers during break, Career Closet, etc.)
- **Centralized career & academic-related resources** - including diversity-seeking opportunities made with FGLI students in mind.
- **Information** on **planned programming** (discussion and workshop series) and **student groups** for students looking to get involved.

Visit the Website

Upcoming Events

Here your calendars for the following events occurring within the next few weeks:

Monday, Oct. 29, FGLI Study Hall
(6:30pm - 10:30pm | Center for Teaching and Learning (201 York St.), Room 101)

Thursday, Oct. 25, FGLI Workshop:
Managing a Hectic Meeting Load (5pm - 7:30pm) - Center for Teaching and Learning (201 York St.), Room 101(Lab on the second floor)

Thursday, Oct. 25, FGLI Study Hall (7:30pm - 10:30pm) - Center for Teaching and Learning (201 York St.), Room 101

Thursday, Oct. 25, FGC Meditation and Healing Space (7:30 pm) - Afro-American Cultural Center (211 Park St.)

POC Meditation and Healing Sp

Goals?
Collective meditation, reflection, and community-building facilitated by people of color. Led by PhD/Indigenous Undergrads, Grads, Post-docs, and Rev. Times consistently. Intersectionality of experience needs welcome.

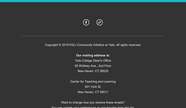
EVERY THURSDAY AT 7PM

WHERE:	WHEN:
September:	**Asian American CC**
(BOOGHT SPACE), 9/20 9/27)	**(260 Crown St)**
October:	**Afro American CC**
(10/4, 10/11, 10/25)	**(211 Park St)**
November:	**La Casa Cultural**
(11/1, 11/8, 11/15, 11/29)	**(301 Cross St)**

SATURDAY, Oct 27 Community Time Relevance and Independence (2:00pm - 3:30pm) | Center for Teaching and Learning (201 York St.)

Thursday, Nov 8 Tutorial Yale Career Networking Mixer (7:30 - 9:30pm) - Afro-American Cultural Center (211 Park St.) Flyer link

Opportunities



Interested in helping low-income, high-achieving high school students get into the nation's best colleges? Interested in educational policy and research? If so, **apply to be an Advising Fellow with the Harvard Project!** Find out more here to receive further details about how to apply. Feel free to email Jessica with questions. Learn more about Matriculate here.

Yale alumni love helping Yale students. Please take part in an inspiring, upcoming, and fun event — one that will help you to develop new skills for life. Do it for the love of Yale. Do it for the love of humanity. Do it for Nonprofits! Join our network with dozens of Yale alumni-powered nonprofits connecting audiences, grassroots advocates, future board members, and passionate supporters to their missions, and many more fields. You'll enjoy good food and learn from Yale alumni powers have taken them to the top of their fields in nonprofit leadership, philanthropy, and social impact.

Speakers: Wesley Clark (Yale College '66), Founder, Chairman, and CEO, Wesley K. Clark & Associates; Bill Drayton, Senior Fellow, Ashoka; Founder, Ashoka; Eric Greitens (Yale College '00), Governor of Missouri; Jim Kelly (Yale College '82), Chairman, Board of Trustees, Yale; Jodie Allen-Haymon (Yale College '87), Executive Director, Yale Alumni Association; Jeff Koplan (Yale College '74), Chairman, Board of Trustees, Yale; Jeffrey Brenzel (Yale College '81), Dean of Undergraduate Admissions, Yale; Kim Goodman (Yale College '87), Executive Director, Yale Center for Teaching and Learning