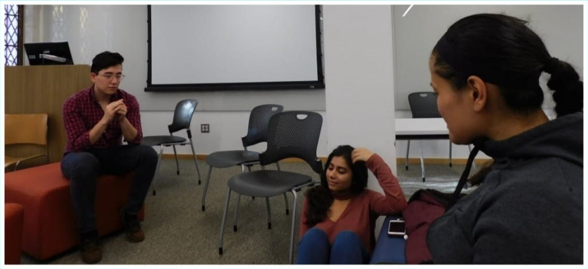
First-Generation Low-Income at Yale

November 6th, 2018

Vol. 1, Issue 10

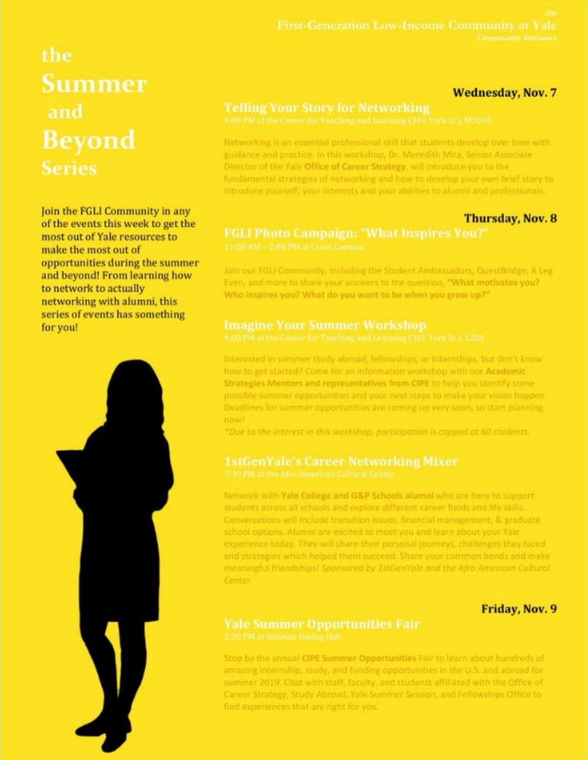


Survivor's Guilt and Those Back Home

Happy Monday everyone! With the changing colors of the leaves, we are reminded quite beautifully of the passing of time, which might cause some concern about the future. Fortunately, we are happy to announce we are running a **Summer and Beyond** series of events just for these concerns (*see below*)! Take some time today to look ahead to what's coming up in just a few days!

With that being said, let us not forget **the importance of being present** - something we took away from this past Saturday's Community Time on Imposter Syndrome. After discussing resilience and independence last CT, we continued our conversation into a specific scenario - imposter syndrome - that can often have us act more "resilient" that needed in order to prove our belonging in a space not originally made for us. A key point from this discussion was this - that although it is important to look inward for self-validation in elite spaces, just as important is to consider the historical and social context of where we learn, and ask how much is imposter syndrome an insecurity and how much is it caused by subconscious messaging of an educational space's culture. Even more specifically, we discussed an aspect of Yale's culture - **social performance** - and questioned how this aspect of being socially comfortable alienates students and pressures them to change at the expense their authentic self.

On Saturday, we hope to see you at our next Community Time where we'll turn our attention to the experience Survivor's Guilt, the experience of thinking about the difference in experience between us her and those back home. We'll have snacks and good company, so we hope you can join us at the **Center for Teaching and Learning** from **2:00pm to 4:00pm.** In the meantime, we hope to see you at any of this week's events, during Study Hall, or in Ambassador Office Hours!



the
First-Generation Low-Income Community at Yale
Community Initiative

the
Summer
and
Beyond
Series

Join the FGLI Community in any of the events this week to get the most out of Yale resources to make the most out of opportunities during the summer and beyond! From learning how to network to actually networking with alumni, this series of events has something for you!

Wednesday, Nov. 7

Telling Your Story for Networking
4:00 PM at the Center for Teaching and Learning (301 York St.), M104A

Networking is an essential professional skill that students develop over time with guidance and practice. In this workshop, Dr. Meredith Mira, Senior Associate Director of the Yale **Office of Career Strategy**, will introduce you to the fundamental strategies of networking and how to develop your own brief story to introduce yourself, your interests and your abilities to alumni and professionals.

Thursday, Nov. 8

FGLI Photo Campaign: "What Inspires You?"
11:00 AM – 2:00 PM at Cross Campus

Join our FGLI Community, including the Student Ambassadors, QuestBridge, A Leg Even, and more to share your answers to the question, **"What motivates you? Who inspires you? What do you want to be when you grow up?"**

Imagine Your Summer Workshop
4:00 PM at the Center for Teaching and Learning (301 York St.), 120A

Interested in summer study abroad, fellowships, or internships, but don't know how to get started? Come for an information workshop with our **Academic Strategies Mentors and representatives from CIPE** to help you identify some possible summer opportunities and your next steps to make your vision happen. Deadlines for summer opportunities are coming up very soon, so start planning now!
**Due to the interest in this workshop, participation is capped at 60 students.*

1stGenYale's Career Networking Mixer
7:30 PM at the Afro American Cultural Center

Network with **Yale College and G&P Schools alumni** who are here to support students across all schools and explore different career fields and life skills. Conversations will include transition issues, financial management, & graduate school options. Alumni are excited to meet you and learn about your Yale experience today. They will share their personal journeys, challenges they faced and strategies which helped them succeed. Share your common bonds and make meaningful friendships! *Sponsored by 1stGenYale and the Afro American Cultural Center.*

Friday, Nov. 9

Yale Summer Opportunities Fair
2:30 PM at Silliman Dining Hall

Stop by the annual **CIPE Summer Opportunities** Fair to learn about hundreds of amazing internship, study, and funding opportunities in the U.S. and abroad for summer 2019. Chat with staff, faculty, and students affiliated with the Office of Career Strategy, Study Abroad, Yale Summer Session, and Fellowships Office to find experiences that are right for you.

the
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Community Initiative

FGLI Photo Campaign: What Inspires You?

Come share your motivations, inspirations, role models, and dreams.

1st gen Yale

3RD ANNUAL

Career Networking Mixer

Thursday
Nov 8
7:30 - 9:30 pm
Afro-American
Cultural Center*
211 Park St.
New Haven
*co-sponsor

Students & alumni from all schools,
exploring many different professions!
1stgenyale@gmail.com

SafetyNet

UNEXPECTED FINANCIAL HARDSHIP SUPPORT | Yale College

SafetyNet is a new tool for you all to request funds to meet unexpected financial need. Students in an emergency and who require immediate funding (within 24 hours) can also find guidance on how to seek help. Funds granted through SafetyNet could cover unexpected expenses like emergency medical procedures, travel for family emergencies, unanticipated academic expenses, etc.

In addition, you can request Winter Clothing Grants if you are from an area that typically does not get heavy snow or low temperatures. Winter clothes can be expensive. Apply for the grant, and if approved, come see one of our ambassadors to get some guidance on what to by to stay warm!

Student Ambassador Office Hours

Do you need help picking a club to join, homework help, or just want to spill tea? Our Student Ambassadors will be holding office hours throughout the week at various locations around campus, prepared with snacks and drinks. Visit/Contact Us!

Maddy O'Neal - Sundays from 2-4PM @ Stiles Buttery
madison.oneal@yale.edu
Samantha Wood - Thursdays from 7:30-9:30PM @ Blue State on York
samantha.wood@yale.edu
Jaster Francis - Wednesdays from 7-9PM @ Bass L-30D
jaster.francis@yale.edu
Markus Reneau - Thursdays from 1-3PM @ Bass Café
markus.reneau@yale.edu
Henry Rosas - Thursdays from 6:30-8:30PM @ Book Trader
henry.rosasibarra@yale.edu
Diana López - Fridays from 9-11AM @ JoJo's Coffee
diana.lopez@yale.edu
Fatima Chughtai - Tuesdays from 9PM-11PM @ Donut Crazy
fatima.chughtai@yale.edu

Student Shoutout!

This week, we're giving a shout-out to another awesome senior who has also been a well-known leader in the FGLI community: **Priya Singh (SY '19)!** Priya is from Far Rockaway, NY, and is pursuing a B.S./M.S. in Biomedical Engineering. She has been heavily involved in FGLI-serving organizations and groups, starting with her participation in FSY and later expanding to her involvement in QuestBridge, 1vyG, and Matriculate. Her summers have consisted of studying abroad in Spain in addition to the research she continues during the academic year.

Despite her impressive schedule, she has always prioritized mentorship and cares about helping younger FGLI students succeed, whether through Matriculate, as an FSY counselor or as a FroCo (currently). When asked about her involvement in the FGLI Community, Priya shares, "My involvement with the FGLI community started when I was invited to participate in the First-Year Scholars at Yale program (FSY) the summer of 2015. This program really opened my eyes as to how my Title I public high school did NOT prepare me for the rigors of an Ivy-League education. It also taught me that I BELONG at Yale and that this school has a community dedicated to helping me succeed here. The FGLI community here is also my family. I have met some of my lifelong best friends through organizations like QuestBridge, Matriculate, FSY Student Council, ALE, etc (the list goes on and on). One of the main factors that has motivated me to stay involved is that I want to share some of the knowledge and experience I've gained throughout my time here with others."

We are so grateful for all the work and energy you have given to the FGLI Community during your time, and we are happy to see your story recognized and celebrated!

Check out this video recently published that shares more about Priya's story and her work on campus!

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the First-Generation Low-Income at Yale website

We are happy to announce the launch of the FGLI Yale College website! Go to fgli.yalecollege.yale.edu to access key resources for FGLI students of all ages.

Some of the resources include:

- A **financial guide** with advice on understanding your aid, approaching student jobs, and saving money
- **Services** planned for the future (e.g. Community Dinners during break, Career

Closet, etc.)
- **Centralized career & academic-related resources** - including diversity-seeking opportunities made with FGLI students in mind
- Information on **planned programming** (discussion and workshop series) and **student groups** for students seeking to get involved

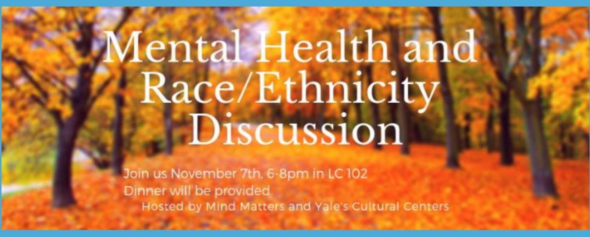
Visit the Website

Upcoming Events

Mark your calendars for the following events occurring within the next few weeks!

Monday, Nov. 5: FGLI Study Hall (6:00pm - 10:00pm) - Center for Teaching and Learning (301 York St.), Room 121
Wednesday, Nov. 7: Telling Your Story for Networking (with OCS!) (4:00pm - 5:30pm) - Center for Teaching and Learning (301 York St.), Room M104A (in the second floor) OrgSync Link

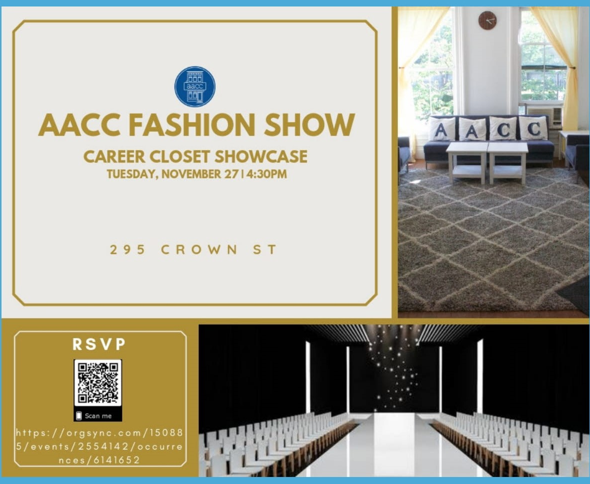
Wednesday, Nov. 7: Mental Health and Race/Ethnicity Student Panel and Discussion - La Casa Cultural (301 Crown St.) FB Link
Thursday, Nov. 8: FGLI Workshop (with CIPE!): Imagine Your Summer (4:00 pm - 5:00 pm) - Center for Teaching and Learning (301 York St.), Room 120A OrgSync Link
Thursday, Nov. 8: FGLI Study Hall (7:00pm - 10:00pm) - Center for Teaching and Learning (301 York St.), Room 121
Thursday, Nov. 8: PoC Meditation and Healing Space (7:00 pm) - La Casa Cultural (301 Crown St.)
Thursday, Nov. 8: 1stGenYale's Career Networking Mixer (7:30pm - 9:30pm) - Afro-American Cultural Center (211 Park St.) FB Event Link
Saturday, Nov. 10: FGLI Community Time: Survivor's Guilt and Those Back Home (2:00 - 3:30pm) - Center for Teaching and Learning (301 York St.), Room 121



Mental Health and Race/Ethnicity Discussion

Join us November 7th, 6-8pm in LC 102
Dinner will be provided
Hosted by Mind Matters and Yale's Cultural Centers

Heads Up...



AACC FASHION SHOW
CAREER CLOSET SHOWCASE
TUESDAY, NOVEMBER 27 | 4:30PM

295 CROWN ST

RSVP
https://orgsync.com/150885/events/2554142/occurrences/6141652

aacc
A A C C
Scan me

The Asian American Cultural Center is partnering with the FGLI Community Initiative to showcase the **new** establishment of the Career Closet through the **AACC Fashion Show**! The Career Closet, housed at the AACC (295 Crown St.), will stock donated formal clothes for students to borrow for up to one week for anything from interviews to formal events. Come see what's available for students to borrow while also seeing your FGLI friends ***stunt some looks!*** However...

WE NEED VOLUNTEERS!

We need your help to make this event happen! If you are free on the afternoon of Tuesday, November 27, please fill our this Volunteer Form to let us know your sizes. We'll be collecting responses until next Wednesday, November 14, so share with your friends!

Opportunities

Interested in helping low-income, high-achieving high school students get into the nation's best colleges? Interested in educational justice and college access? If so, **apply to be an Advising Fellow with Matriculate**! Fill out an interest form to receive further details about how to apply. Reach out to e.richards@yale.edu with questions. Learn more about Matriculate here.

The Yale Library's Long Night Against Procrastination

The Yale Library's Long Night Against Procrastination on Monday, Nov. 5, is for students who want to get serious work done before they leave for November Recess. At this event, the library will provide a distraction-free, quiet environment for you to work... along with regular breaks for snacks, stretching and cute animal videos. *NEW: Writing Partners and Academic Strategies Mentors will be available for drop-in consultations.* Registration required.

NOTE: ALL phones and personal communication devices (except laptops) will be kept in secure storage during the event. Participants may retrieve their devices when the leave.

Make sure to check out the rest of the Academic Strategies Workshops this week!

Time Management	Monday, November 5 4:00 PM, CTL M104A Wednesday, November 7, 6:00 PM, LC 103
Procrastination: How to Work Through It	Monday, November 5, 6:00 PM, CTL M104A
Academic and Professional Communication:	Monday, November 5, 7:30

Writing Emails, Presentations, and Reports	PM, CTL 120 B
Exam Study Strategies	Tuesday, November 6, 6:00 PM, LC 103
Public Speaking for Undergraduates	Tuesday, November 6, 7:30 PM, CTL M104A
Managing a Heavy Reading Load	Wednesday, November 7, 7:30 PM, CTL M104A
Reading Analytically	Thursday, November 8, 6:00 PM, CTL M104A
Cultivating Faculty Mentors/Recommendations	Friday, November 9, 1:00 PM, CTL 120A

First Generation Students at Harvard Law School

Online Information Session

HARVARD LAW SCHOOL
J.D. Admissions

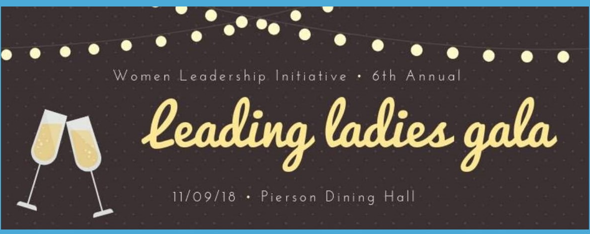
On Thursday, November 8, 6-7 PM ET, Harvard Law School will host an interactive online session for prospective students entitled First Generation Students at HLS. It will feature current students from HLS First Class, an inclusive and intersectional student organization for first generation college and law students and students from low income backgrounds. **Learn more and register here.**

TSAI CENTER for INNOVATIVE THINKING at YALE

La Casa, the Center for Latin American and Iberian Studies, and Tsai CITY have partnered to launch the Critical Innovation Fund: five $1,500 awards for teams with the strongest proposals for innovative approaches to pressing immigration challenges in America.

Teams can apply with any idea — an event, a movement, an educational campaign, a technological innovation, a storytelling project, a work of art — that addresses current immigration challenges. We welcome interdisciplinary teams from across Yale and New Haven; teams must include at least one current Yale student. Preference will be given to teams who have lived experience with the challenge they choose to address, and teams who are focusing on local and New Haven-based issues. Ready to submit your idea? Apply here by 11:59pm on November 15. Read about the details on the fund in this YDN article.

And don't forget - Tasi CITY's and the AACC's Arts & Media Innovation Awards project proposals are due this Thursday, November 1st!


Women Leadership Initiative • 6th Annual
leading ladies gala
11/09/18 • Pierson Dining Hall

The Women's Leadership Initiative is holding its annual Leading Ladies Gala on November 9, 2018 at 8:30pm in the Pierson Dining Hall. It is designed to celebrate undergraduate female leadership on campus, but anyone from any background/gender is encouraged to come. The Gala typically gathers together over 150 Yale undergraduates, graduate students, alumni, faculty, and guest speakers to celebrate. This year, the Women's Leadership Initiative would love to get some more representation from First-Gen/Low-Income students on campus. There will also be free food and a chance for photos!

Please RSVP here to let us know if you can attend! You can send in your nomination here by Sunday at midnight.

> "Dominator culture has tried to keep us all afraid, to make us choose safety instead of risk, sameness instead of diversity. Moving through that fear, finding out what connect us, reveling in our differences; this is the process that brings us closer, that gives us a world of shared values, of meaningful community."
>
> - bell hooks

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