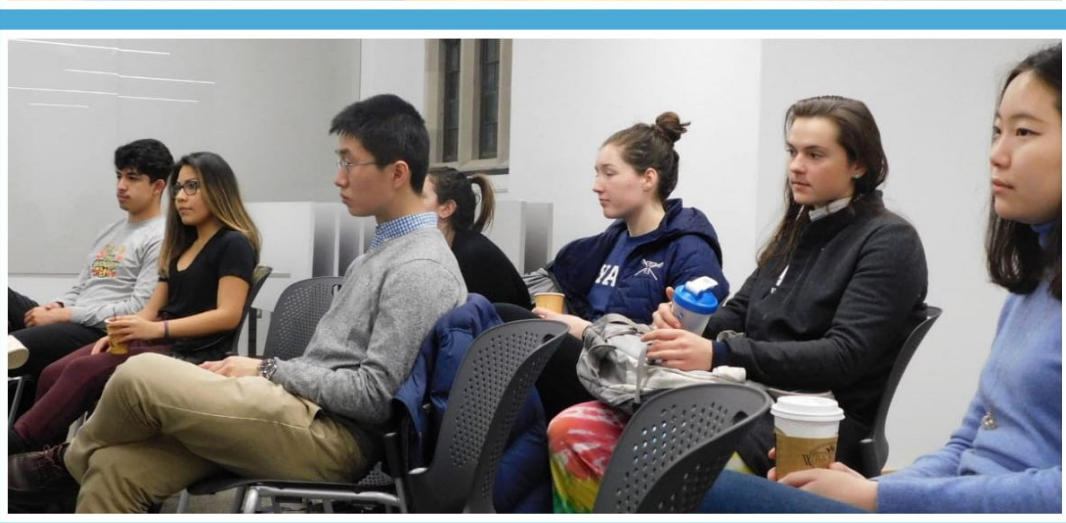
First-Generation Low-Income at Yale

What INSPIRES you?
Who MOTIVATES you?
The successful first-gen low income students who came before me
First-Generation Low-Income at Yale

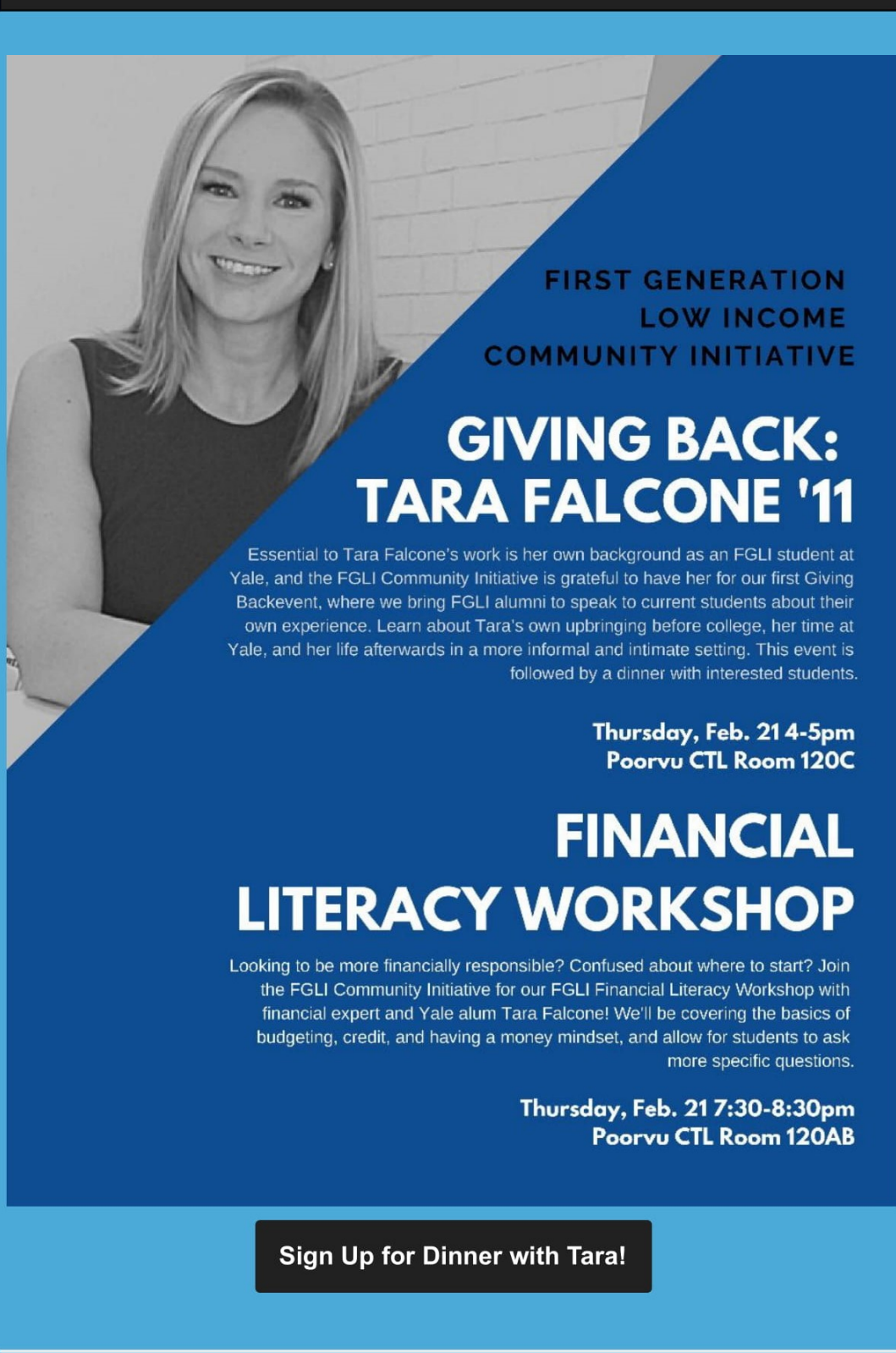
February 11th, 2019 Vol. 1, Issue 20

Financial Literacy with Tara Falcone (Mc '11)!



Happy Monday friends! As the semester kicks into full gear, so does our team as we continue with our spring semester events. Thank you to those who attended last week's FGLI Faculty & Staff event featuring Saybrook's Dean Lafargue and Head of College Near - and a special thank you to our faculty guests, of course! And thank you too to those that joined us for our To Pre-Med or Not to Pre-Med panel on Thursday - we're in the middle of sending a comprehensive guide for your lingering pre-med questions and concerns!

As a group of our students begin preparing for 1vyG at Princeton this weekend, we want to plug our two highlight events these upcoming weeks. Tara Falcone (MC '11) will visit campus on **Thursday, February 21st** to share about her own experiences as an FGLI student at Yale a decade ago, as well as give us expert tips on developing financial literacy. (*Don't forget to sign up below if you'd like to join her for dinner at Mory's!*) And just a week after, we are happy to announce Dr. Anthony A. Jack's visit to campus on **Thursday, February 28th** to speak on his own experiences as an FGLI alum and about his upcoming book, *The Privileged Poor*. We look forward to seeing you there!



FIRST GENERATION
LOW INCOME
COMMUNITY INITIATIVE

GIVING BACK:
TARA FALCONE '11

Essential to Tara Falcone's work is her own background as an FGLI student at Yale, and the FGLI Community Initiative is grateful to have her for our first Giving Backevent, where we bring FGLI alumni to speak to current students about their own experience. Learn about Tara's own upbringing before college, her time at Yale, and her life afterwards in a more informal and intimate setting. This event is followed by a dinner with interested students.

Thursday, Feb. 21 4-5pm
Poorvu CTL Room 120C

FINANCIAL
LITERACY WORKSHOP

Looking to be more financially responsible? Confused about where to start? Join the FGLI Community Initiative for our FGLI Financial Literacy Workshop with financial expert and Yale alum Tara Falcone! We'll be covering the basics of budgeting, credit, and having a money mindset, and allow for students to ask more specific questions.

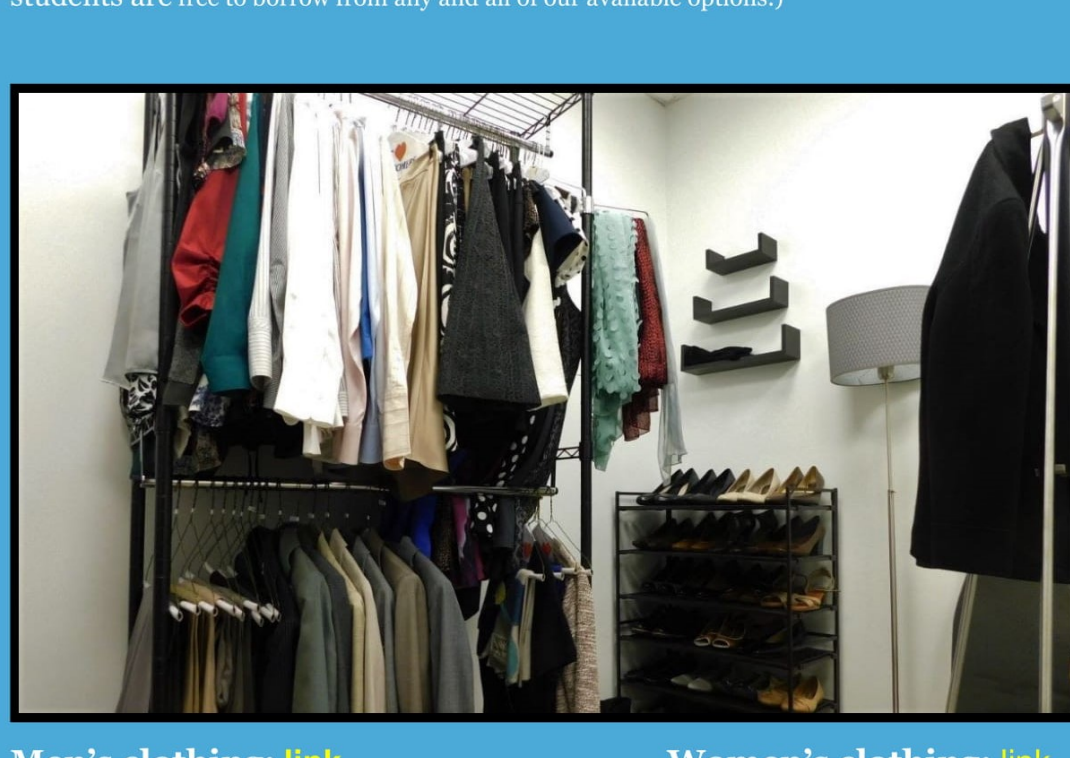
Thursday, Feb. 21 7:30-8:30pm
Poorvu CTL Room 120AB

Sign Up for Dinner with Tara!

The FGLI Career Closet

Have an interview for an internship or job coming up? Trying to impress potential employers at a networking event?

We are happy to announce the inaugural launch of the Yale University Career Closet! In partnership with the Yale College Dean's Office, the Asian American Cultural Center at Yale (AACC) has developed the Career Closet as a source of professional clothing for students that need attire for interviews, receptions, and all other formal events. Preview our available inventory (which includes shirts, blouses, pants, suits, dresses, shoes, ties, and more) by following one of the following links. (Note: Clothing is organized based on their traditional categories for a simpler searching process; interested students are free to borrow from any and all of our available options.)



Men's clothing: link. **Women's clothing:** link.

For those interested in borrowing clothing from the Career Closet, please fill out the following Career Closet Request Form to set an appointment with José Yobani.

A special thank you to our alumni donors, notably Lise Chapman and 1stGenYale for donating much of our inventory. We will be updating the inventory as we keep track of more recent items.

Email jose.lopez@yale.edu or sheraz.iqbal@yale.edu for more information.

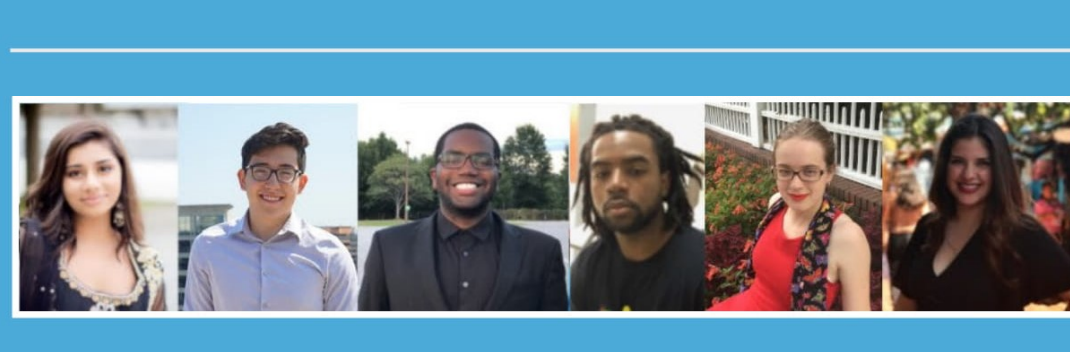
Career Closet Request Form

Safety Y Net

UNEXPECTED FINANCIAL HARDSHIP SUPPORT | YALE COLLEGE

Safety Net is a new tool for you all to request funds to meet unexpected financial need. Students in an emergency and who require immediate funding (within 24 hours) can also find guidance on how to seek help. Funds granted through SafetyNet could cover unexpected expenses like emergency medical procedures, travel for family emergencies, unanticipated academic expenses, etc.

In addition, you can request Winter Clothing Grants if you are from an area that typically does not get heavy snow or low temperatures. Winter clothes can be expensive. Apply for the grant, and if approved, come see one of our ambassadors to get some guidance on what to by to stay warm!



Student Ambassador Office Hours

Do you need help picking a club to join, homework help, or just want to spill tea? Our Student Ambassadors will be holding office hours throughout the week at various locations around campus, prepared with snacks and drinks. Visit/Contact Us!

Samantha Wood - Wednesdays 8:00p.-9:00p. @ Donut Crazy
samantha.wood@yale.edu
Jaster Francis - Tuesdays 7:00p.-9:00p. @ Bass Café
jaster.francis@yale.edu
Markus Reneau - Wednesdays 1:00p.-3:00p. @ Starbucks (on Chapel)
markus.reneau@yale.edu
Henry Rosas - Thursdays 6:30p.-7:30p. @ Book Trader
henry.rosasibarra@yale.edu
Diana López - Fridays 9:00a.-10:00a. @ JoJo's Coffee
diana.lopez@yale.edu
Fatima Chughtai - Tuesdays 9:00p.-10:00p. @ Donut Crazy
fatima.chughtai@yale.edu

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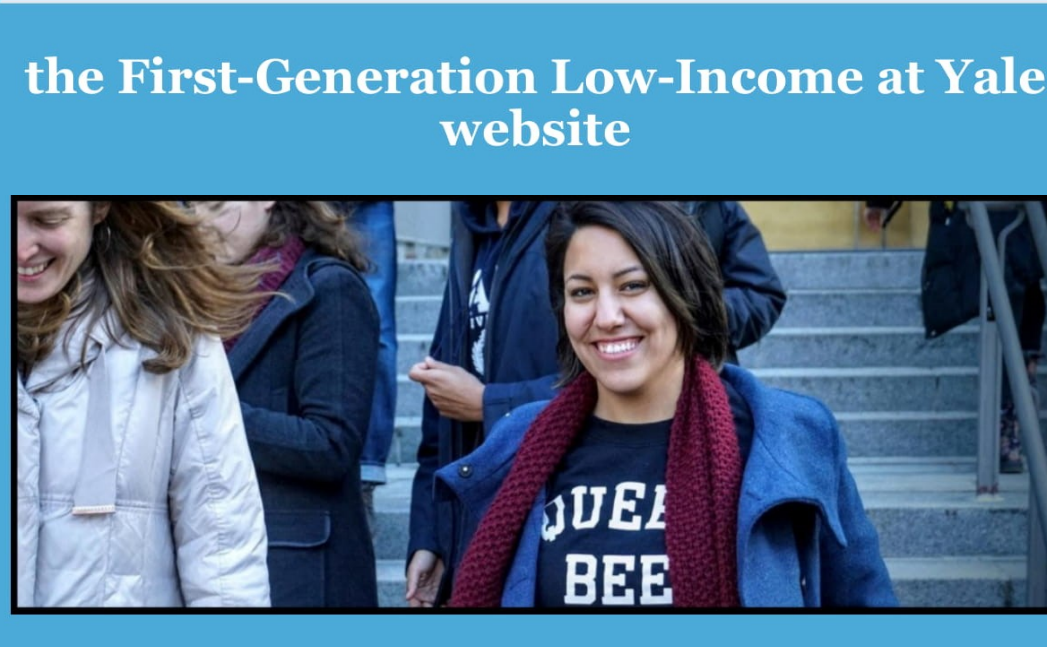
the First-Generation Low-Income at Yale website



We are happy to announce the launch of the FGLI Yale College website! Go to **fgli.yalecollege.yale.edu** to access key resources for FGLI students of all ages.

Some of the resources include:

- A **financial guide** with advice on understanding your aid, approaching student jobs, and saving money
- **Services** planned for the future (e.g. Community Dinners during break, Career Closet, etc.)
- **Centralized career & academic-related resources** - including diversity-seeking opportunities made with FGLI students in mind
- Information on **planned programming** (discussion and workshop series) and **student groups** for students seeking to get involved

Visit the Website

Academic Strategies Program

The first few weeks of class are a great time to meet with our Academic Strategies Peer Mentors. During your 1-1 session, you can:

- Create a weekly schedule to help manage your time and get things done
- Set academic and professional goals and identify ways to meet them
- Identify challenges and develop strategies to enhance your approach to your academic work

Sign up for an appointment via our online scheduler.

This week's upcoming workshops:

Time Management

Monday, February 11, 6:00 PM, Poorvu Center Room M104A

Thursday, February 20, 6:00 PM, Poorvu Center, M104A

Set priorities and develop a weekly schedule that can lead to an active and balanced academic life.

Creating a Timeline for Your Senior Thesis

Monday, February 11, 7:30 PM, Poorvu Center Room M104A

Tuesday, February 19, 6:00 PM, Poorvu Center, Room M104A

Learn how to plan your writing and research, and how to access support resources for your senior thesis. (For full-year and 1-semester senior thesis writers, and juniors planning for the following year.)

Procrastination: How to Work Through It

Tuesday, February 12, 6:00 PM, Poorvu Center Room M104A

Thursday, February 20, 7:30 PM, Poorvu Center, Room M104A

Everyone procrastinates—but how do you keep your procrastination to a minimum, especially at times of high stress? This workshop helps you identify what triggers procrastination and suggests approaches that can help you work through it and re-engage with your assignments.

Pathways for First-Years

Tuesday, February 12, 7:30 PM, Poorvu Center, Room M104A

First years get a lot of advice from a wide variety of sources. But what do you really want to get out of your first year? This interactive workshop helps students identify goals and sources of satisfaction, and it offers strategies for avoiding common pitfalls like overextension and burn out.

Public Speaking for Undergraduate Courses

Wednesday, February 13, 6:00 PM, Poorvu Center Room M104A

Professors are increasingly asking students to engage in public speaking, from leading class discussion to more formal presentations. This workshop suggests preparation and performance strategies to help you do your best.

Pathways for Sophomores

Wednesday, February 13, 7:30 PM, Poorvu Center Room M104A

Sophomore year offers new challenges, including increased course loads, upper-level classes, and identifying a major. This interactive workshop helps students set goals and make long-term plans for the year.

Writing Emails, Presentations, and Reports: Undergraduate Academic and Professional Communication

Thursday, February 14, 4:00 PM, Poorvu Center Room M104A

Learn strategies for writing for professional and formal academic audiences.

Exam Study Strategies

Monday, February 18, 6:00 PM, Poorvu Center, Room M104A

Reduce exam stress by learning new strategies for preparing and studying for midterms and finals. This workshop offers suggestions for preparing for and taking problem-based, short answer, and essay exams.

Managing a Heavy Reading Load

Monday, February 18, 7:30 PM, Poorvu Center, Room M104A

Feeling overwhelmed by piles of reading? Learn some essential strategies to make the most of your limited reading time. Have less stress and create more free time!

Cultivating Faculty Mentors/Recommendations

Tuesday, February 19, 7:30 PM, Poorvu Center, Room M104A

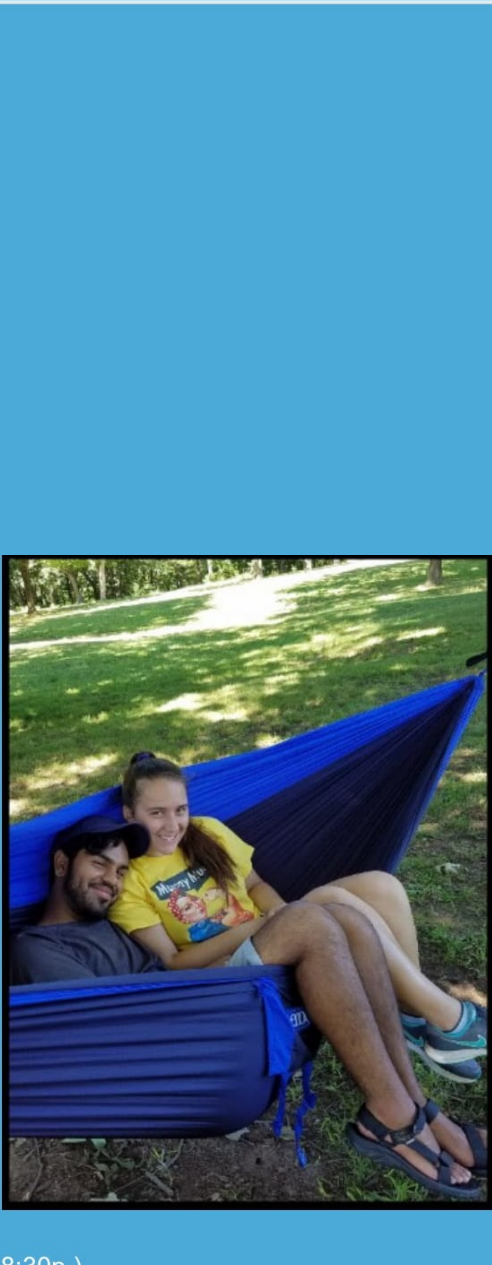
Initiate conversations, ask for assistance, request recommendations, and build mentoring relationships with Yale faculty, teaching fellows and staff.

Upcoming Events

Mark your calendars for the following events occurring within the next few weeks!

Monday, Jan. 28th: FGLI Workshop: Creating a Timeline for Your Senior Thesis (7:30p. - 8:30p.)
Poorvu Center for Teaching and Learning (301 York St.), Room M104A (in the second floor) Link

Monday, Jan. 28th: FGLI Study Hall (6:00p. - 10:00p.)
Poorvu Center for Teaching and Learning (301 York St., Room M104A)

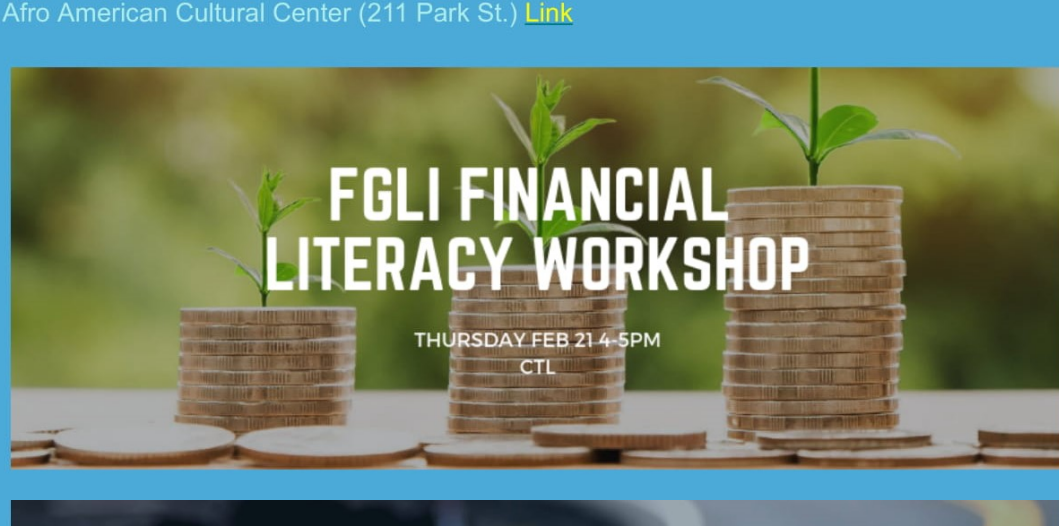


Wednesday, Feb. 13th: FGLI in PoliSci Meeting (8:30p.)
William L. Harkness Hall (WLH), Room 014

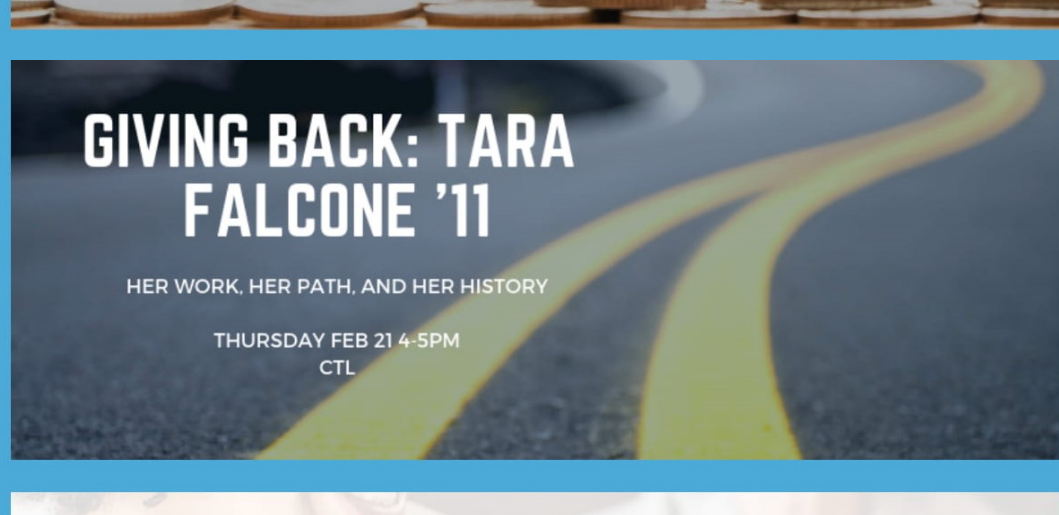
Thursday, Feb. 21st: Giving Back: Tara Falcone '11 (4:00p. - 5:00p.)
Poorvu Center for Teaching and Learning, Room 120C Link

Thursday, Feb. 21st: FGLI Financial Literacy Workshop (7:30p. - 8:30p.)
Poorvu Center for Teaching and Learning, Room 120A Link

Tuesday, Feb. 26th: FGLI Student/Faculty Mixer (4:00p. - 5:00p.)
Afro American Cultural Center (211 Park St.) Link



FGLI FINANCIAL LITERACY WORKSHOP
THURSDAY FEB 21 4-5PM
CTL



GIVING BACK: TARA FALCONE '11
HER WORK, HER PATH, AND HER HISTORY
THURSDAY FEB 21 4-5PM
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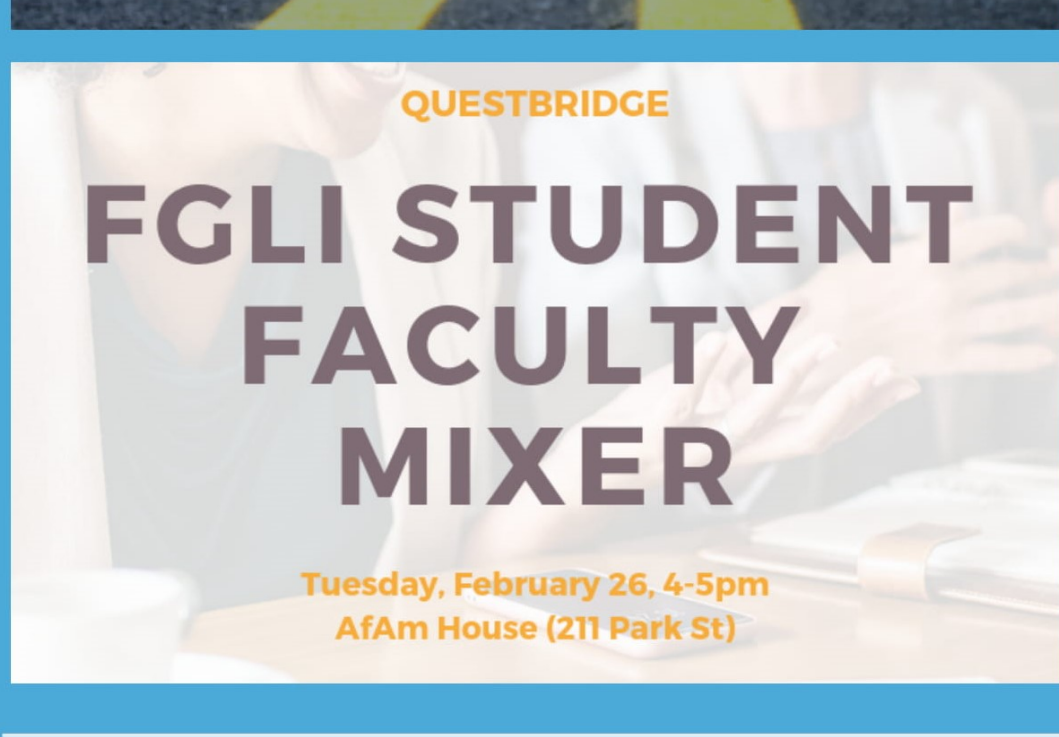
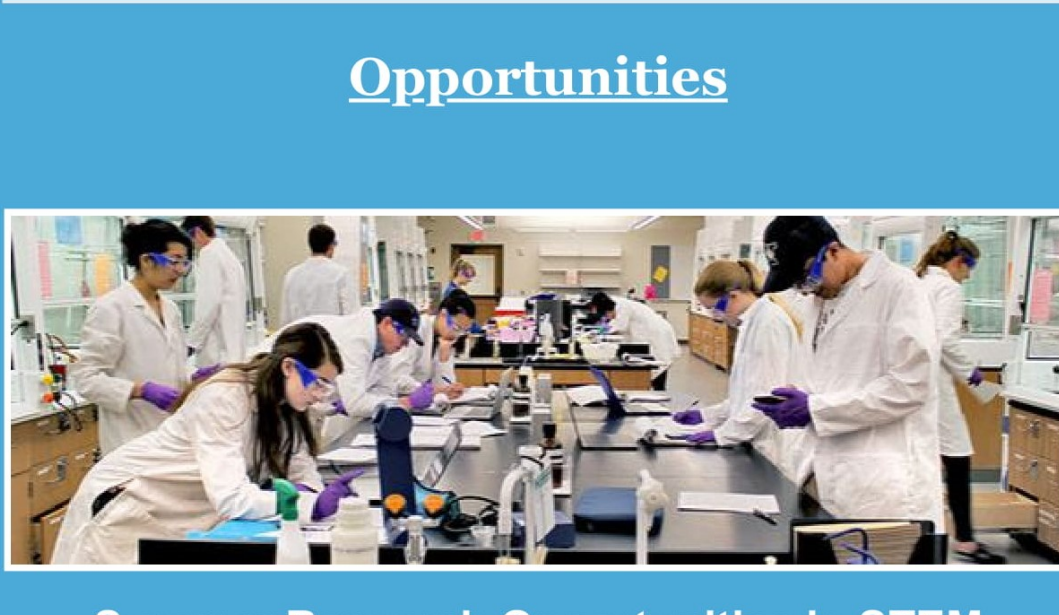


QUESTBRIDGE
FGLI STUDENT FACULTY MIXER
Tuesday, February 26, 4-5pm
AfAm House (211 Park St)

Opportunities



Summer Research Opportunities in STEM

Yale College Dean's Research Fellowship in the Sciences & Rosenfeld Science Scholars Program

(for current sophomores and juniors)

The Yale College Dean's Research Fellowship and the Rosenfeld Science Scholars Program seek to promote the academic development of promising students through engagement in original scientific research and provide fellowship support for undergraduate STEM research projects. Awardees will be selected from among currently enrolled sophomores and juniors. Applicants may be pursuing a degree in any major offered by Yale College, but must be proposing research in the natural sciences, engineering, mathematics, and computer science.
Applications are due February 21, 2019. Click here to learn more.

Tetelman Fellowship for International Research in the Sciences & the Robert C. Bates Summer Research Fellowship

(for current first-years, sophomores, and juniors)

The Alan S. Tetelman 1958 Fellowships for Study Abroad, from the endowments of Jonathan Edwards College, provide support for original undergraduate research projects abroad in the natural and applied sciences. Currently enrolled first-years, sophomores and juniors are eligible to apply, although *preference is given to sophomores and juniors*. It is expected that applicants will have some previous research experience at Yale or elsewhere.

The Robert C. Bates Summer Research Fellowship supports student STEM-based research projects outside of the continental U.S. that might not otherwise be covered by the Tetelman Fellowship.

Applications are due February 28, 2019. Click here to learn more.

Yale College First-Year Summer Research Fellowship in the Sciences and Engineering

(for current first-years)

The First-Year Summer Research Fellowship program provides support for a summer research experience under the supervision of a Yale faculty member. Applicants are expected to have laid an appropriate foundation through their coursework and to present a well-developed proposal for a research project with substantial pedagogic and scholarly merit. Stipend support of $4,300 is granted for 10 weeks minimum of summer research under the supervision of a Yale University faculty member.

Applications are due March 7, 2019. Click here to learn more.

Woodbridge Fellowship

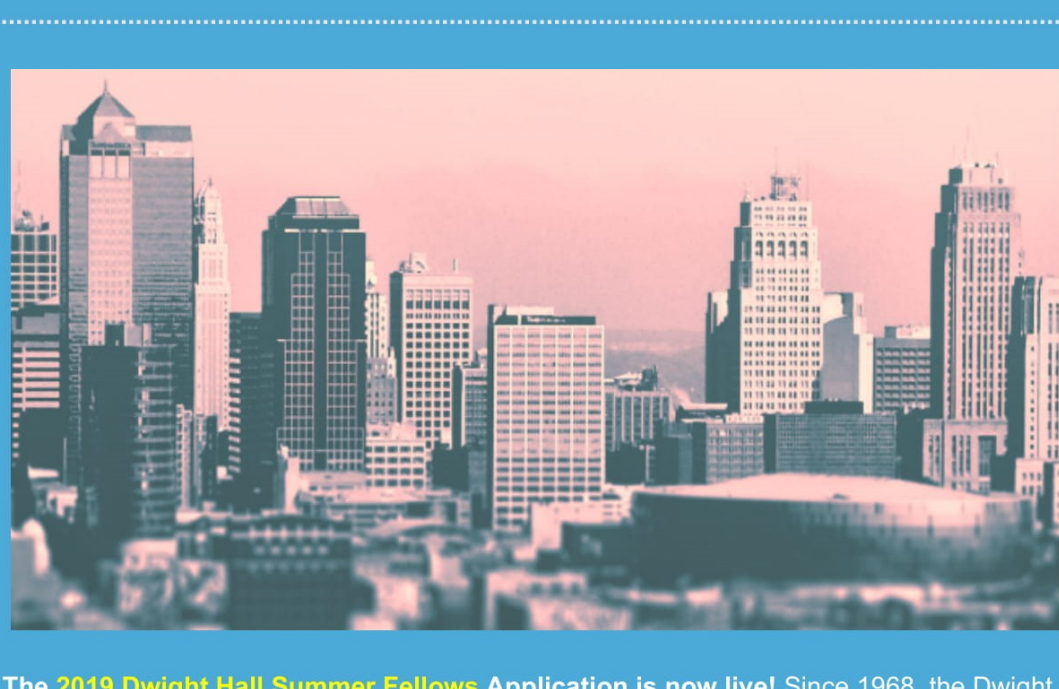
(for current seniors)

The Woodbridge Fellowship is a full-time paid position in the offices of university leader, offering an introduction to the work and administration of Yale. It provides valuable professional experience for potential careers in higher education, particularly for students belonging to minority communities currently underrepresented in university administration.

Participating offices are: Chaplain's Office, Office of the Dean of the Faculty of Arts and Sciences, Office of International Affairs (Africa), Office of International Affairs (Communications and Research), Office of Public Affairs and Communications, Office of Sustainability, Office of the Secretary and Vice President for Student Life, Poorvu Center for Teaching and Learning/ Yale College Dean's Office. (Job descriptions are available on Yale Connect.)

Applications close on February 15, 2019 at 5 p.m. If you have questions about the fellowship or application process, please email Andrew Forsyth, Assistant Secretary for Student Life, andrew.forsyth@yale.edu .

Apply Here!



The 2019 Dwight Hall Summer Fellows Application is now live! Since 1968, the Dwight Hall Summer Fellowship has offered the unique opportunity for students to dedicate themselves to creating real social change. Specifically designed for those engaged students who need the time and resources to explore an idea for the greater good, **students are employed full-time, minimally for eight weeks**, and asked to **execute an innovative project that attempts to fill a social need**.

In addition to full-time work on their approved project, Summer Fellows engage in a series of **community-building and boundary-expanding activities** with their peers. Weekly meetings revolve around **food, conversation, training sessions, reflection, speakers, and collective learning**. Successful students will challenge their assumptions, build relationships within their issue's community, find innovative solutions to social challenges, and develop a lifelong commitment to social change.

Applications are due Thursday, February 28th. Click here to learn more, or email mark.fopeano@yale.edu

Apply Here!

Spring Salvage

Spring Salvage is an annual resource recovery program coordinated by Yale Recycling and the Office of Sustainability during undergraduate move-out. The program is run in Yale's 14 undergraduate dorms and collects donations of soft items (e.g. clothes, shoes, towels and bedding) and hard items (e.g. chairs, bookshelves, beds, futon frames, and other large items). Work will consist primarily of hauling furniture, room furnishings, and other items discarded by students to specified locations for donation, recycling, and trash.

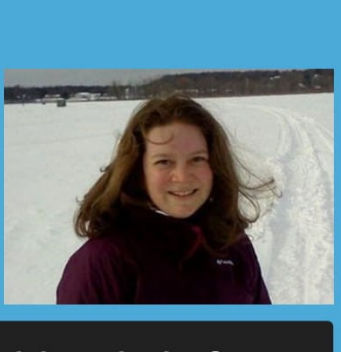
Spring Salvage will take place over two phases in May*:

- Phase 1: Underclass Move-Out, April 29 – May 12
- Phase 2: Senior Move-Out, May 20 – May 24

**It is possible to work for Spring Salvage in addition to Commencement and/or Yale College Reunions. The Office of Sustainability will work with students to obtain post-term housing as needed.*

To apply, candidates must submit a resume, a one-paragraph statement of interest, and an exam schedule to emma.smith@yale.edu with the subject line "Spring Salvage Program assistant." The deadline to submit is Friday, February 22, 2019, at 5:00pm EST. To see the full job description and to apply, visit the Student Jobs Website and search for the Spring Salvage Program Assistant position (Ref# 15779).

Are you a first-generation college student? Are you from a low-income or working-class background? Would you like to volunteer to participate in a study about your experiences of class on campus? In order gain insight into the experiences of low-income, first-generation, and working-class (LIFGWC) students, Dr. Debbie Warnock and student research assistants at Bennington College have developed **a survey that asks about institutional supports on campus, as well as sources of informal support, such as relationships with faculty, staff, and fellow students from similar class backgrounds.** Participants will be contributing to our knowledge of the first-gen/low-income/working-class student experience on campus and can opt into a drawing for a $50 Amazon gift card. To participate, simply click the button below to be redirected to the survey.



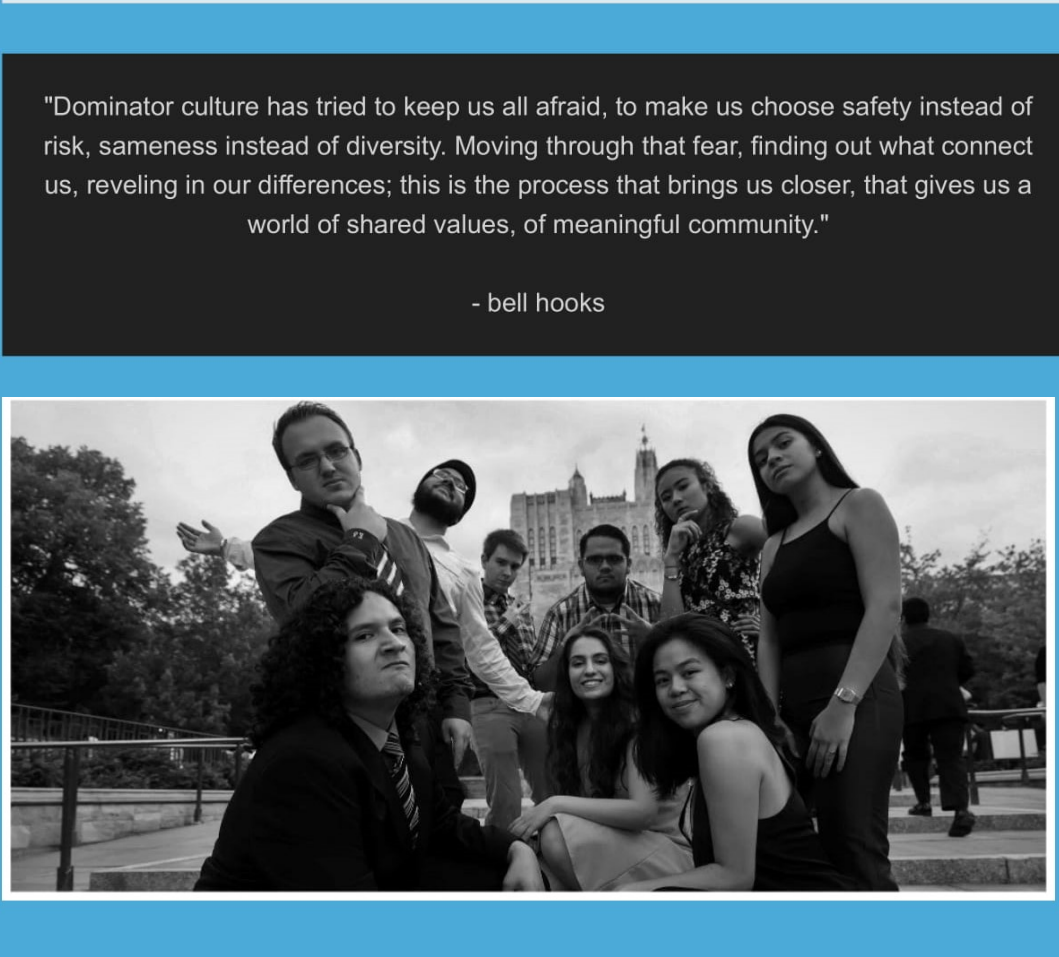
Please don't hesitate to reach out to debbiewarnock@bennington.edu with any questions or concerns. Thank you in advance for your time and help!

Click Here to Participate in the Survey

A message from members of the FGLI community:

If anyone is interested in brainstorming and having a discussion about FGLI and Poly Sci/FGLI and doing political work, there will be a meeting Wednesday 2/13 at 8:30pm in WLH 014! If you can't make the meeting but are still interested, message neche.veyssal@yale.edu or paige.swanson@yale.edu and we'll pass info along! (Please also forward to anyone you may know who's interested but I may not know).

> "Dominator culture has tried to keep us all afraid, to make us choose safety instead of risk, sameness instead of diversity. Moving through that fear, finding out what connect us, reveling in our differences; this is the process that brings us closer, that gives us a world of shared values, of meaningful community."
>
> - bell hooks



First-Generation Low-Income at Yale

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